

## PSORIASIS

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I have suffered with psoriasis for the last 5 years and have tried prescribed medication from my doctor, which have not helped.

My elbows were very sore with cracked skin and I was recommended by a friend to try Herbalife Aloe Gel. I was rather skeptical that anything would help but was prepared to try the product. I felt relief within days of applying the gel and noticed a vast improvement after 2 weeks use.

I have now used the Aloe gel twice daily for 2 months and have also been taking a Nutrition Programme Formula 1 and Formula 2 and I am really happy with how I am feeling.

I used to feel very embarrassed by the appearance of my arms and can now confidently wear short sleeves with no flaky skin; it has been such a relief to find something that has worked for me and I will continue to use the products.